Food Services Director: Jennifer Wilinsky wilinskyj@readingsd.org
Please check the District Website, Food Services Tab to learn more.

Sign Up for Schoolcafe.com to Look up nutritionals & make payments. Set up an account to receive low balance alerts.



Reading School District Elementary School Lunch Menu February 2024



Adult Breakfast Meal - \$2.95 Adult Lunch Meal - \$5.00



Alternate Entree of the week 1/29-2/2- Wow Butter Sandwich 2/5-2/9- Yogurt Meal 2/12-2/16- Crispy Chicken Salad w/Roll 2/19-2/23- Turkey & Cheese Sandwich 2/26-3/1- Wow Butter Sandwich

** Alternate Entree option will be served with fruit and vegetable of the day.****

Daily Juice Variety: Only 1 Juice Allowed w/Meal Apple Juice Grape Juice Fruit Punch



Fruit & Vegetable Options*

Carrots Apples
Cucumbers Bananas
Broccoli Pearhes
Cauliflower Pears
Celery Pineapple
Sugar Snap Peas Strawberries

Grapes
** Fruit & Vegetable Provided Depend On
Availability



(Soy Milk is available for students w/dairy allergies)



1	Monday	Tuesday	Wednesday	Thursday	Friday
				1-Feb	2-Feb
				Hamburger on Bun	Pizza
				Smile Fries Baked Beans Pears/Fresh Fruit	California Blend Vegetables Celery Sticks Pineapple Chunks Fresh Fruit
ľ	5-Feb	6-Feb	7-Feb	8-Feb	9-Feb
ſ	Meatball Sandwich	Chicken Tenders w/ Goldfish Crackers	Beef Hot Dog on Bun	Mac & Cheese w/ Roll	Calzonette's w/Sauce
	Steamed Broccoli Fresh Veggies Applesauce Fresh Fruit	Baked Beans Salad Greens w/Dressing Mandarin Oranges Fresh Fruit	Waffle Fries Fresh Veggies Peaches Fresh Fruit	Steamed Peas Fresh Veggies Pears Fresh Fruit	Carrot Coins Fresh Veggie Sticks Pineapples Fresh Fruit
Ī	12-Feb	13-Feb	14-Feb	15-Feb	16-Feb
-	Chicken & Waffles Sugar Snap Peas Carrot Sticks Peaches Fresh Fruit	Mardi Gras! Walking Turkey Tacos Lettuce & Tomato/ Salsa Cup Ranchero Pinto Beans Pineapples Fresh Fruit King Cake: Cinnamon Roll	Maxi Cheese Sticks w/ Sauce Roasted Broccoli Salad Greens w/Dressing Fruit Cocktail Fresh Fruit	Sweet-N-Sour Chicken Over Stir Fried Rice Oriental Blend Vegetables Fresh Veggie Sticks Mandarin Oranges/Fresh Fruit Fortune Cookie	No School
	19-Feb	20-Feb	21-Feb	22-Feb	23-Feb
	Mega Mini Chicken Nuggets w/Roll Baked Sweet Potato Tots Green Beans Peaches Fresh Fruit	Chicken or Beef Tamales Cilantro Lime Brown Rice Roasted Black Beans & Corn Tropical Fruit Mix Fresh Fruit	Cheese Quesadilla Salsa Refried Beans Pears Fresh Fruit	Rotini Pasta w/ Meatsauce & Breadstick Roasted Cauliflower Salad Greens w/ Dressing Fruit Cocktail Fresh Fruit	Grilled Cheese Sandwich Cherry Tomatoes w/ Ranch Dip Fresh Veggie Sticks Applesauce/Fresh Fruit Goldfish Crackers
	26-Feb	27-Feb	28-Feb	29-Feb	
ſ	Chicken Patty Sandwich Green Beans	French Toast Sticks w/ Turkey Sausage	Chicken Alfredo Pasta w/ Texas Toast Steamed Broccoli	Leap Year & Leap Day! Frog Legs (Chicken Fries) on a Lilly Pad (Dutch Waffle)	
3	Cherry Tomatoes Peaches Fresh Fruit	Hash Browns Carrot & Celery Sticks Craisins/Fresh Fruit	Salad Greens w/Dressing Fruit Cocktail Fresh Fruit	Moss (Salad Greens) Pond (Hummus)w/Reeds(Celery Sticks)	



* Don't Forget- Take at least ONE fruit or vegetable, And at least Three items in total to be a complete meal!

Choose ONE Entree: Daily Entree Special Alternate Entree Choose up to <u>TWO</u> Sides of Fruit:
Fresh Fruit
Fruit Cup
Fruit Juice (only 1 serving)

Choose up to <u>TWO</u> Veggies: Daily Vegetable Assorted Fresh Veggies

Raisins/Fresh Fruit



